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# **COLLEGE FIT WORKSHOP**

Christina Contreras. August 27, 2021

# GOALS

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- Students will define and apply concepts of college fit.
- Students will define and apply concept of “Safety-Match-Reach”
- Students will be equipped to critically determine eligibility for college selections.

# AGENDA

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- College Fit
- Safety-Match-Reach
- Researching Colleges
- Next Steps

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# UNDERSTANDING COLLEGE FIT

Academic | Social | Financial

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# UNDERSTAND “COLLEGE FIT”

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Fill in your guided notes as we discuss college fit.

**WATCH:** <https://www.youtube.com/watch?v=NaCtNYGZEwo>

# COLLEGE FIT RECOMMENDED INDICATORS

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**College fit** = academic, social, financial

- Campus committed to academic, social, and cultural needs of its students
- Consider campus size, distance from home, school setting, etc.
- Retention Programs/ Student Support Services
  - Summer bridge; dorm life; first-year orientation; learning communities; first-year interest groups; mentoring; basic skills development; faculty involvement; study skills courses; test-taking clinics; career advising; residence halls; TRIO programs
- Diverse student body AND faculty
  - Ethnic Studies programs; accountable and relatable academic advisors/mentors
- Student involvement in college life
  - Clubs/organizations
- Cost/ Financial Aid/ Debt
  - Work study
- Career Services
  - Internship program

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# UNDERSTANDING SAFETY-MATCH-REACH

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# SAFETY, MATCH, REACH

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As you find the colleges that are a fit for you, put them into different categories of SAFETY, MATCH, REACH.

- **Safety:** Your GPA and SAT/ACT scores are above the school's range for the average freshman. You should apply to at least 2 safety schools.
- **Match:** Your GPA and SAT/ACT scores fall within (or even exceed) the school's range for the average freshman. The majority of schools to which you apply should be match schools.
- **Reach:** Your GPA and SAT/ACT scores fall below the school's range for the average freshman. Reach schools are long shots. You should apply to 2 reach schools.



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# RESEARCHING COLLEGES

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# COLLEGE ONLINE SEARCH TUTORIAL

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<https://collegescorecard.ed.gov/>

<http://www.collegedata.com/>

<https://bigfuture.collegeboard.org/college-search>

<https://www.cappex.com/>

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## TAKE ACTION!

- Investigate colleges using concepts of COLLEGE FIT and SAFETY-MATCH-REACH
  - Use the “Narrowing Your College Search” and “College Search Protocol” for guidance.
- Challenge by Choice: Contact the admissions office of your dream school!



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# REFLECTION

## & Evaluatuion

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# WHAT DID YOU LEARN TODAY?

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# NEXT STEPS

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- Continue to research schools!
  - College fairs
  - Campus visits
- Create your UC and CSU application accounts
  - UC application opened Aug 1
  - CSU application opens Oct 1
- Nest Workshop: Personal Statement
  - TBD
- Questions?



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**THANK YOU.**

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