



**OCEAN
DISCOVERY
INSTITUTE**
young lives transformed through science

**CAREER ACCESS MENTOR PROGRAM
PRE-SERVICE TRAINING**

We will begin shortly

TODAY'S GOAL

To understand the essential elements of a successful mentoring relationship, and gain tools and knowledge that will support Mentors in developing and sustaining a positive and productive relationship with their Mentees.

AGENDA

- Mentoring 101
- Career Portal Exercise
- Wrap Up

MENTORING 101

REVIEWING THE PRE-WORK

Ethical Principles for Youth Mentoring Relationships:

- Promote the Welfare and Safety of the Young Person
- Be Trustworthy and Responsible
- Act With Integrity
- Promote Justice for Young People
- Respect the Young Person's Rights and Dignity

Ocean Discovery's Long-Term Mentoring Webinar:

- Support mentee's [professional] identity
- Foster a sense of belonging
- Build self-efficacy
- Be culturally responsive
- Meet mentee where they are at
- Actively listen
- Build trusting relationship

IN THEIR WORDS

- My mentor was the most helpful in **letting me talk about my future career and personal goals**. It helped me discover what opportunities I should look into and what my long term goals were. **Walking me through graduate school and job applications** prepared me for whatever I chose to do post-Camp 2.
- **Having the exact same research or field interests is not that important**. As long as the mentor is in a similar field as the mentee (or the field the mentee wants to pursue), you can learn from them.

IN THEIR WORDS

- The most helpful things about having a mentor is **having kind of a sounding board when sharing ideas/ experiences**. It was great to hear someone else's perspective, especially someone with more experience that could either relate, offer insight or just help reassure and reaffirm.
- I feel like with Christina's guidance/general outline for the year and with what my mentor and I did, **there wasn't anything that I thought wasn't of some importance**.

QUESTIONS?

THE CAREER ACCESS PORTAL

SETTING UP THE RELATIONSHIP

How to have a successful first meeting

Imagine what it will be like meeting your mentee for the first time in a one-on-one meeting. How can you fill that time? Consider:

- Questions you can ask
 - Try: <https://randomquestionmaker.com/>
- Career Access Portal's CAMP II page:
 - Monthly themes
 - Create Your Own Adventure
 - SMART goals

QUESTIONS?

WRAP UP

- **Submit your signed acceptance/renewal form.**
 - Electronic signature permitted
- **Secure a LiveScan background check.**
 - Only for NEW mentors
- **Determine CAMP II Kickoff date**
 - Thursday, October 21 @ 6:30-7:30pm
- **Meet your mentee!**
 - Bi-monthly email check-ins
 - “open door policy”
- **Questions/Comments/Concerns?**



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THANK YOU.

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