National Association for College Admission Counseling (NACAC)

WHO WILL WRITE YOUR TEACHER RECOMMENDATION? HOW DO YOU ASK FOR A RECOMMENDATION?

- The first step is to make sure that your colleges require teacher recommendations. You do this by carefully reading the applications.
- If recommendations are required, make sure that you have the forms the colleges require and that you know the deadline dates. Address and stamp an envelope for each college that requires a teacher recommendation.
- Find out if your school has a specific policy regarding teacher recommendations. If there is a policy, follow it. If not, you can use the information in this handout.
- The next step is deciding what teacher (or teachers, if your colleges require more than one) to ask.
- Think of the high school teachers with whom you have a good relationship, who know you best, and who would be enthusiastic about writing a recommendation for you.
 - o These teachers should be from academic subjects, preferably from junior or senior year.
 - o Teachers whom you have had for more than one class are often good choices.

0	List the teachers you might ask:			,
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- Approach the teacher at least 3-4 weeks before the deadline date. You can say something like this: I am applying to College XYZ, and that college requires a teacher recommendation. I think you know a lot about my strengths as a student. Would you be able to write a recommendation for me?
- If the teacher agrees, give them all the required college forms, stamped envelopes, and information about yourself as soon as possible. Again, they need at least 3 weeks' notice! TIP: Use the TEACHER RECOMMENDATION REQUEST form in your handouts to provide personal information.
- If the teacher is not sure or says no, don't push it. Ask a different teacher. YOU WANT SOMEONE THAT WANTS TO WRITE THE LETTER!
- WRITE A THANK YOU NOTE TO THE TEACHERS WHO WRITE RECOMMENDATIONS FOR YOU!!!!!!!!

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TEACHER RECOMMENDATION REQUEST

Stu	dent's Name	Today's Date:
Stu	dent's DOB:	
E-n	nail Address / Phone # (in case of questions)	
	cher's Name:	
Соι	urse(s) with This Teacher (i.e., English 3):	
are a		ecommendation for me. I asked you because I think you sely evaluate my potential for academic success in col- e the recommendation.
1.	I think my academic strengths are	
	a	
	b	
	c	***************************************
2.	I think my personal strengths are	
	a	
	b	
	C	
3.	l am considering the following college majors be	
	a	
	b	
	c	
4.	These are some of the things I want the college about me	admissions and/or scholarship committee to know
	a	
	b	, , , , , , , , , , , , , , , , , , ,
	C	THE STRIPS COMMANDED TO THE COMMAND CO
	d.	

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5.	The specific things I hope you will discuss in this letter					
	a					
	b					
	C					
5.	What I remember most about your class					
	Table 1					
7.	Additional information that might be helpful					
	(Students: You may attach a resume to this form if you wish. But remember that the teacher recommendation will focus on you as a student in this teacher's classroom.)					

These are the schools I am applying to. I have attached any teacher recommendation forms they require, as well as stamped and addressed envelopes.

Name and Address of School	Official Deadline
	Postmark or Received by
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Again, thank you. I know this is a big time commitment, and I appreciate your help.

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