

SYLLABUS Ocean Leader Intro to Research Course







- BELIEVE that science is something they can do and a scientist is someone they can be.
- ACHIEVE in science and think critically.
- LEAD in science and conservation to make a difference



We use authentic scientist and community-led research projects to enable students to understand how the Science Discovery Process works and how they may apply it as science leaders. We teach the importance of a growth mindset and provide a series of growth mindset tools to support learning, healthy bodies, and strong hearts and minds.



Bahía de los Àngeles, Baja California, Mexico



San Diego, CA

Launch Night: July 13th

Departure & Travel Day: July 18th

Travel Day & Return to San Diego: July 31st

Family Celebration at the Living Lab: August 10th



| Start Time | End Time | Activity | |
|------------|----------|--------------------|--|
| 6:00AM | 6:30AM | Wake-up | |
| 6:30AM | 7:15AM | Community Building | |
| 7:15 AM | 12:25 PM | Field Research | |
| 12:30PM | 1:00PM | Lunch | |
| 1:05PM | 1:45PM | Self-Reflection | |
| 1:45PM | 2:30PM | Siesta | |
| 2:30PM | 3:55PM | Salud | |
| 4:00PM | 6:25PM | Know it! Own it! | |
| 6:30PM | 7:00PM | Dinner | |
| 7:05PM | 7:35PM | Servant Leadership | |
| 7:35PM | 8:30PM | Exercise | |
| 8:30PM | 9:00PM | Sleep Prep | |
| 9:00PM | 6:00AM | Sleep | |



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Syllabus Timeline

| Day | Date | Field Research | Evening Activity |
|-----|----------------|--|--------------------------|
| 1 | Wed. 7/19 | Explore & Wonder Program Goals & Field Station Orientation | Zumba |
| 2 | Thurs. 7/20 | Explore & Wonder Explore the Bay | Circuit Training |
| 3 | Fri. 7/21 | Investigate Sea-Level Rise | Zumba |
| 4 | Sat. 7/22 | Investigate Fisheries | Circuit Training |
| 5 | Sun. 7/23 | Investigate Whale Sharks | Zumba |
| 6 | Mon. 7/24 | Analyze Islas | Circuit Training |
| 7 | Tues. 7/25 | Analyze Wetlands/Sea Turtles | Sea Turtle Monitoring |
| 8 | Wed. 7/26 | Make a Difference Recover from Double Research Day | Zumba |
| 9 | Thurs. 7/27 | Make a Difference Birds | Circuit Training |
| 10 | Fri. 7/28 | Celebrate Success! Celebrate! | Zumba |
| 11 | Sat. 7/29 | Communicate Museo | Circuit Training |
| 12 | Sun 7/30 | Communicate Community Celebration Preparation | Community Celebration |