

PACKING LIST FOR RESIDENTIAL STAFF

Clothing for Residential Staff:

- Program Clothing for six days and five nights (see dress code in the Personnel handbook)
- Pajamas
- Socks/ Slippers /underwear

Sleeping gear (provided by USD)

Other

- Watch
- Toiletries (including medications in original bottles)
- Towel for showering
- Book / personal entertainment
- Water bottle/ coffee cup

PACKING LIST FOR OUTDOOR ADVENTURES

Clothing for Outdoor Adventure Staff

- Sun Hat (no visors).
 - Rash guard (recommended)
 - Athletic swimwear (swimwear should not be too revealing)
 - Sunglasses
 - Closed-toed shoes (tennis shoes, hiking shoes, etc.)
 - Water shoes for boats and all water activities (e.g., Keens). Flip-flops may not be worn on boats.
 - Flip-flops can be used for walking around the field station.
 - Waterproof Watch
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- Other
 - Snorkel gear (wetsuit, fins, mask, and snorkel). Wetsuit (recommended but not mandatory)
 - Headlamp/flashlight
 - Beach towel
 - Water bottle
 - Sunscreen (sunscreen will also be available)
 - Day pack